



## THERAPEUTIC SUPPORTS AND WELLNESS

**Behavior Analysis Services** assist individuals with challenging behaviors to learn new behaviors or replacement skills to address the behaviors. Behavior analysis includes assessing why challenging behavior occurs, developing interventions for caregivers to implement, and monitoring to verify desired changes.

**Behavior Assistant Services** provide short-term support in implementing a behavior analysis services plan. This includes assisting the certified behavior analyst and training the individual and caregivers in implementing the behavior program.

**Specialized Mental Health Counseling** is provided to individuals with a developmental disability and a confirmed mental health diagnosis to restore the person to the best possible functional level.

The following services require a prescription by a physician, ARNP, or physician's assistant and are only available for individuals 21 years of age and older.

**Private Duty Nursing** is for those requiring individual, continuous care by registered or licensed practical nurses as prescribed.

**Residential Nursing** consists of continuous care provided by registered or licensed practical nurses to individuals in licensed residential facilities.

**Skilled Nursing** is prescribed and consists of part-time or intermittent care provided by registered or licensed practical nurses.

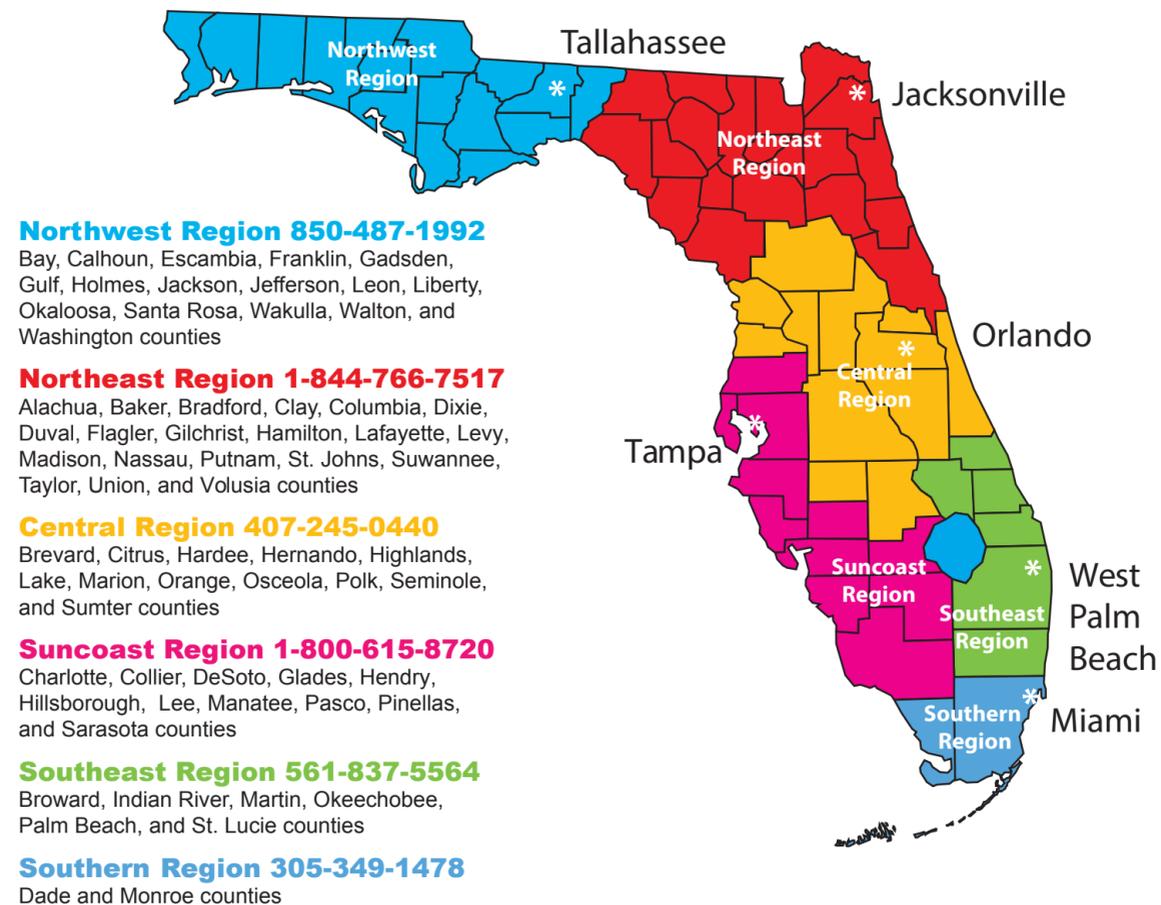
**Dietician Services** are prescribed as being necessary to maintain or improve the overall physical health of an individual. They include assessing nutritional status and needs, recommending an appropriate diet, and providing counseling and education.

**Respiratory Therapy** treats the impairment of respiratory function and other deficiencies of the cardiopulmonary system. It requires a physician's prescription.

**Speech Therapy** is prescribed when necessary to produce specific functional outcomes in the communication skills of an individual with a speech, hearing, or language disability.

**Occupational Therapy** is prescribed with the goal of producing specific functional outcomes in self-help, adaptive, and sensory motor skill areas and assisting the individual to control and maneuver within the environment.

**Physical Therapy** produces specific functional outcomes in ambulation, muscle control, and postural development and prevents or reduces further physical disability. It requires a prescription.



# Guide to Budget Florida Waiver Services



Serving Floridians with  
Developmental Disabilities

## iBudget Florida Services

The iBudget Florida waiver administered by the Agency for Persons with Disabilities (APD) offers supports and services to assist individuals with developmental disabilities to live in their communities. Services are provided based on need, so all individuals do not receive all services. The primary categories are briefly described below. Additional information is available through your APD regional office or waiver support coordinator. Some services require a professional assessment to determine the scope of treatment.

### LIFE SKILLS DEVELOPMENT

**Life Skills Development Level 1** was formerly known as companion services. It includes nonmedical care, supervision, and socialization activities provided to an adult on a one-to-one basis or in groups of up to three individuals. This service helps individuals increase their ability to access the community independently.

**Life Skills Development Level 2** encompasses the service formerly known as supported employment for both individual and group models. It helps the individual to find and keep a job in his or her community or to develop and operate a small business.

**Life Skills Development Level 3**, formerly known as adult day training, includes training services intended to support the participation of recipients in valued routines of the community, such as volunteering, job exploration, accessing community resources, and self-advocacy, in a setting that is age and culturally appropriate. Services can include meaningful day activities of daily living, adaptive skills, social skills, and employment. The training activities and routine established by the provider must be meaningful to the recipient and provide an appropriate level of variation and interest.

### SUPPLIES AND EQUIPMENT

**Consumable Medical Supplies** are specific nondurable supplies and items that assist individuals to perform activities of daily living. These supplies are not available through the Medicaid State Plan. Examples include incontinence supplies for individuals 21 and older, wipes, and underpads.

**Durable Medical Equipment and Supplies** are prescribed by a licensed professional that enables an individual to live as comfortably as possible and is not covered by the Medicaid State Plan. Examples include lap trays, grab bars, adaptive switches or door openers, and individualized positioning equipment.

**Environmental Accessibility Adaptations** are modifications to the home that enable the person to function with greater independence in the home.

**Personal Emergency Response Systems** are electronic communication systems that enable an individual who is alone for extended periods of time to secure help in the event of an emergency. The individual may wear a portable “help” button that allows for mobility while at home or in the community.

### PERSONAL SUPPORTS

**Personal Supports** combine the services formerly known as respite care, companion, in-home supports, and personal care assistance. This service provides assistance and training in activities of daily living such as eating, bathing, dressing, personal hygiene, and preparation of meals. If specified in the support plan, this service may take care of housekeeping chores. This service also includes nonmedical care and socialization and may provide access to community-based activities that have therapeutic benefits. This service is for customers 21 and older who live in their own home or family home. It is also available to individuals at least 18 who live in their own home.

**Respite Care** provides supportive care and supervision to individuals under 21 years old living in the family home when the primary caregiver is unavailable due to a brief planned or emergency absence or when the primary caregiver is temporarily physically unable to provide care.

### RESIDENTIAL SERVICES

**Residential Habilitation** provides an individual who lives in a licensed residential facility with supervision and specific training. There are four types of Residential Habilitation. These include: Standard; Live-In; Behavior Focus; and Intensive Behavior.

**Standard and Live-In Residential Habilitation** provide supervision and training to improve skills related to activities of daily living.

**Behavior Focus and Intensive Behavior Residential Habilitation** provide training and supervision to assist individuals whose behaviors are of exceptional intensity, duration, or frequency.

**Specialized Medical Home Care** provides up to 24-hours-a-day nursing services and medical supervision to residents of licensed group homes that serve individuals with complex medical conditions.

**Supported Living Coaching** provides training and assistance in a wide variety of activities to support individuals who live and maintain homes or apartments of their own.

### SUPPORT COORDINATION

**Support Coordination** provides a waiver support coordinator (WSC) to identify, develop, coordinate, and access supports and services on the person’s behalf, regardless of the funding source, in the most cost-effective manner possible. There are three types of support coordination:

**Limited Support Coordination** is intended to be less intense than full support coordination. Limited support coordination is billed at a reduced rate and has reduced contact requirements.

**Full Support Coordination** provides significant support to ensure the recipient’s health, safety, and well-being. The WSC can share tasks with the recipient and the recipient’s family or other support people, but ultimately the WSC is responsible for performing all tasks required to locate, select, and coordinate services and supports, whether paid with waiver funds or through other resources.

**Enhanced Support Coordination** consists of activities that assist the recipient in transitioning from a nursing facility or intermediate care facility for the developmentally disabled (ICF/DD) to the community or for assisting recipients who have a circumstance that necessitates a more intensive level of support coordination.

### TRANSPORTATION

**Transportation** provides rides between the individual’s home and their community-based waiver services when transportation cannot be accessed through natural (unpaid) supports.

### DENTAL SERVICES

**Adult Dental Services** provide dental treatments and procedures for individuals 21 and older who are not otherwise covered by Medicaid State Plan.

